

Thank you so much for signing up to the UCC study. You are part of a historical piece of research that has never been done in women with PD. Your participation is crucial in us collecting data that will help women with PD live better with the condition and help towards the development of clinical guidelines for the specific management of women with PD.

Agreement To Consent

	Yes	No
I have read and understand the study <small>* must provide value</small>	<input checked="" type="radio"/>	<input type="radio"/>
I agree to participate in this research <small>* must provide value</small>	<input checked="" type="radio"/>	<input type="radio"/>
I consent for my anonymised information to be shared on a public database for the purpose of this research and collaboration with other researchers <small>* must provide value</small>	<input checked="" type="radio"/>	<input type="radio"/>
I understand that my anonymised data will be stored at UCC for 15 years <small>* must provide value</small>	<input checked="" type="radio"/>	<input type="radio"/>
I confirm that I am over 18 years of age <small>* must provide value</small>	<input checked="" type="radio"/>	<input type="radio"/>

Please enter your unique study code for this study. Your unique study code should comprise of the first three digits of your phone number and the last three digits/letters of your postcode. Please remember this code, as you will be prompted to enter this code later during the study, specifically when we ask you to complete the follow-up questionnaire and upon entering your data in the My Moves Matter App.

1st three digits of phone number
* must provide value

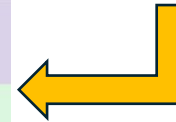
Last three letters/numbers of postcode
* must provide value

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Once you have completed the initial consent form, you will see two boxes where you must enter:

1. 1st three digits of your phone number
2. 1st three digits of your postcode

This combined will become your UCC study code



When you press 'next page' the study website produces your study code which will be the numbers and letters you chose with UCC before it.

My Moves Matter UCC Parkinsons Study

Unique Study Code

Your Unique Study Code is:

UCC123ABC

Ensure you take note of the above unique study code and retain it for future use pertaining to the study.

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Please be sure to write down your code somewhere as you will need it to enter into the My Moves Matter app to complete the study.

You will then need to complete a survey before starting the study using the My Moves Matter app.

My Moves Matter UCC Parkinsons Study

Demographic Questionnaire

What is your age?

What is your gender?

What is your race/ethnicity?

What is your employment status?

What is your marital status?

Have you ever been diagnosed with Parkinson's disease?

What age were you when you were diagnosed with Parkinson's disease?

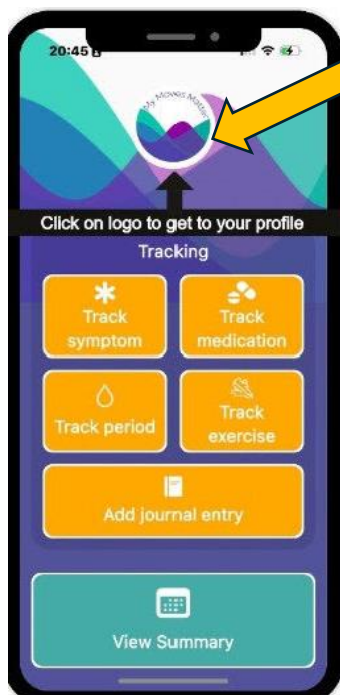
What are the main motor symptoms you experience due to Parkinson's disease?

Tremors or shaking, usually in the hands, arms, or legs

Stiffness or rigidity of the muscles

After you have completed the survey, please go to your mobile and download the My Moves Matter app by clicking the

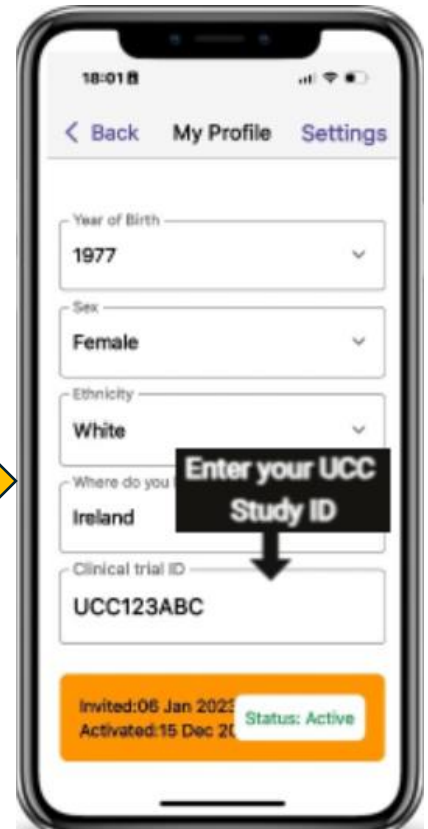
link: <https://www.mymovesmatter.com/get-the-app> or you can scan the barcode.



Register on the app. You do this by clicking on the My Moves Matter logo on the front page of the app

After you have entered your registration details, **enter your UCC study code on the app** in the box that says Clinical trial ID which is at the bottom of the registration page on the app

This is a really important step as this will link your anonymous tracking data on the app to your surveys so that the UCC researchers can analyse the data to produce the study results.



Once you download the app, then add your medications and you can set a medication reminder.

Then start tracking from the day you register on the app

- Track your medication intake.
- Track your PD symptoms.
- If you still menstruate, even if erratic, simply track all the days of your period or any menstrual bleeding during each of the 4 months.

**We need you to please track daily for 4 months.
The reason we ask for 4 months is so there is enough data for the UCC researchers to see if there are indeed patterns where different hormonal stages might impact the effectiveness of PD medication and so impact Parkinson's symptoms in women.**

After you complete the tracking for 4 months you will be asked to complete two final surveys.

After the study you can keep using the app for free and you will be able to see all your own tracked data from the 4 months.

Thank you again for taking part in this study, your participation will help us understand the impact of the different hormonal stages, whether pre-menopausal, pregnant, peri/menopausal, or post-menopausal, on PD symptoms.